

Region Progress Report June Data/July Activities

Region 1 Behavioral Health Services

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
Emergency Psych Respite	Region 1 will provide this service.	OPERATIONAL DATE: 8/01/05	The Respite Center was dedicated during an open house July 28 th and opened for services August 1, 2005. Two consumers have been admitted to services in the first week.
Local Crisis Response Team & Emergency Community Support	Region 1 will provide ECS and CRT in Scottsbluff, Banner and Morrill Counties.	TARGET DATE: 9/01/05	Now that the Crisis Respite Center is operational, staff are able to focus on getting the LCRT in place. Policies and procedures have been written and staff training begins in August.
Acute & Secure	Regional West Medical Center is providing acute and secure services in Region 1.	OPERATIONAL DATE: 7/01/04	Forty-two people were served during FY05 and three have been served so far in FY06.
Dual Disorder Residential	Regional West Medical Center is providing this service.	TARGET DATE: 9/1/05	No consumers have been admitted to the dual program at the time of this report, but the contract with RWMC has been signed and staff is getting program policies and procedures in place.

Region 2 Behavioral Health Services

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
Crisis Respite Beds	Liberty House in North Platte, Nebraska is providing Crisis Respite Services.	OPERATIONAL DATE: 1/1/05	In June four individuals were served for a total of eleven days.
Acute Inpatient and Subacute for Commitments	Richard Young Hospital and Great Plains Medical Center are providing acute and Subacute services for Region 2 consumers.	OPERATIONAL DATE: 10/1/04	In June, a total of five individuals were served for a total of thirteen acute days and four individuals received nineteen days of sub-acute care. Finding beds for patients who needed longer than 30 days care was the only barrier.
Crisis Response Team	Emergency Support program through Good Samaritan Health Systems provides this service. The Contract was signed in the Fall.	OPERATIONAL DATE: 2/1/05	In June, three EPC's were diverted to voluntary care and one individual received an emergency assessment
Emergency Community Support	Good Samaritan Health Systems provides all emergency support services in Region 2.	OPERATIONAL DATE: 7/04	In June, 32 clients were served with eleven admissions and sixteen discharges. Emergency Coordination and Emergency Community Support was able to provide transportation to 43 individuals, medication to 45 individuals and other need to 22 individuals. A barrier is that not all mental health boards are aware that short term residential is an outpatient commitment. It would be helpful if the Division could clarify where outpatient commitments should be while awaiting an open bed.
Dual Disorder Residential beds	CenterPointe is the provider and the contract was signed on February 24 th , 2005.	OPERATIONAL DATE: 1/05	In June, three individuals were served for a total of 84 days. One client left the program.

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
Community Support	Goodwill and Region 2 Human Services are the providers of this service.	OPERATIONAL DATE: 12/04	<p>In June, the region and its contractors served a total of 199 individuals in mental health community support.</p> <p>A barrier has been the increase in referrals and our ability to see each one within five to seven days. This has become a major challenge but we are committed to seeing people as immediately as possible. We have adjusted our referral schedule to meet the demand.</p>
Medication Management	Region 2 is providing this service.	OPERATIONAL DATE: 12/15/04	<p>In June, 290 individuals were seen by our physician in med management. Persons were seen in Ogallala, Lexington, North Platte, and McCook. 162 med boxes were filled by a nurse on contract with the Region. 125 clients were helped with access to free meds through pharmaceutical companies.</p> <p>Currently, our physician can not see new clients for 3 months due to client load. Our Emergency Support program is coordinating appointments with other physicians/psychiatrists until our physician has an opening.</p>
Substance Abuse Short Term Residential	St. Monica's and Touchstone are providing this service for Region 2.	OPERATIONAL DATE: 1/05	In June, fourteen individuals were served.
Phase IIa Day Rehab	Our Phase IIA funding was for Day Rehab.	OPERATIONAL DATE: 4/1/05	<p>In June, Day Rehab provided 728.5 units with an average daily attendance in North Platte at 45-50 and in McCook, 15-20.</p> <p>We are researching ways to better serve those coming to day rehab with dual diagnosis issues.</p>

Region 3 Behavioral Health Services

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
Acute Inpatient	Richard Young Hospital and Mary Lanning Hospital are providing acute inpatient services for Region 3 consumers.	OPERATIONAL DATE: 11/01/04	MLH served 14 participants in their acute care program, 5 of those participants had a county of residence outside the R3. Richard Young Hospital served 2 participants in acute care. Region 3 has discussed transportation needs and costs with the counties.
Crisis Stabilization Unit (CSU)			
<ul style="list-style-type: none"> Crisis Stabilization 	MPC has identified the Bauman Building site for the CSU and has started renovations.	TARGET DATE: 11/1/05	The CSU continues to develop. A challenge being addressed is the development of a phone system or plan giving callers immediate access for needed services. A bilingual APRN has been contracted to provide evening medical services for crisis and non-crisis services.
<ul style="list-style-type: none"> Psych Respite 	MPC continues their renovations for the bed based services.	TARGET DATE: 11/1/05	The lease has been signed by MPC and the Hall County Board. Remodeling has started for the bed based services.
<ul style="list-style-type: none"> Medically Assisted Detox 	The CSU will be located at MPC current outpatient site with the renovations beginning in June 2005 and a projected service delivery date by 11/1/05.	TARGET DATE: 11/1/05	Renovations of the Bauman Building continue to be on target.

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
<ul style="list-style-type: none"> • Urgent Outpatient 	MPC provides this service through their outpatient clinic. Evening hours have been extended to increase access.	OPERATIONAL DATE: 11/1/04	Urgent Outpatient served 15 participants this month. Bilingual services are now available through a contracted APRN assisting with medication management.
<ul style="list-style-type: none"> • Emergency Community Support 	Goodwill Industries of Greater Nebraska provides service along with Region 3 and Mary Lanning Hospital.	OPERATIONAL DATE: 1/1/05	Emergency Community Support served 34 in July through Goodwill services. They continue to work on providing quality services and linkage to quality providers in very rural areas in R3. One barrier is law enforcement asking ECRS to transport participants to Cornhusker for medical detox. This barrier is being addressed by discussion with law enforcement.
<ul style="list-style-type: none"> • Crisis Response Team 	Three Crisis Response Teams are operational across the entire region. Training and networking with area law enforcement has occurred.	OPERATIONAL DATE: 10/1/04	65 calls were received through the Crisis line, 72 % of these calls resulted in a face to face crisis services. The CSU is currently having challenges with their phone system and ensuring all calls are responded to in person.
<ul style="list-style-type: none"> • Crisis Med Management 	MPC provides this service through their Crisis Stabilization Unit.	OPERATIONAL DATE: 12/1/04	Medication Management served 57 participants. Challenges continue in the area of ensuring non committed participants have ability to purchase their needed medications. Bilingual services are now available through a contracted APRN assisting with medication management.

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
<ul style="list-style-type: none"> Drop-In Center 	Drop-In Center is currently operational in the MPC Bauman Building Monday through Thursday. 24 hour services will begin in the fall of 2005.	OPERATIONAL DATE: 1/1/05	47 were served in the drop center. MPC is developing their 24/7 accessibility to the drop-in center.
Dual Disorder Residential	Catholic Charities is developing Dual Disorder Residential treatment services in Columbus for both Regions 3 and 4.	TARGET DATE: 9/1/05	Catholic Charities continue to work towards the completion of their renovations. They have successfully interviewed and identified very qualified candidates for key positions including nurses and dually credentialed therapists. They are currently focusing on the development of procedures, programming and the applications for licensure.
Community Support – MH And SA	Goodwill Industries and South Central Behavioral Services have expanded their Community Support MH and SA services to cover all of Region 3.	OPERATIONAL DATE: 1/01/05	<p>Goodwill served 11 participants in Community Support- SA and 24 in Community Support- MH. Goodwill plans to market their Community Support Services in the following months, building the service towards full capacity.</p> <p>Through expanded BH Reform capacity South Central Services served 35 participants in MH Community Support and 7 in SA Community Support.</p>

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
Medication Management	Region 3 is contracting with RYH in Kearney, the Lanning Center in Hastings, the Lanning Center working through South Central Behavioral Services in Kearney, and Mid-Plains Center in Grand Island regarding the provision of this service. .	OPERATIONAL DATE: 5/1/05	<p>MPC has served 156 individuals in July. The addition of a bilingual APRN at MPC will address a language barrier that has been present in the Region. This will also add an additional 8 hours of traditional medication management hours for service.</p> <p>The biggest barrier continues to be accessing medications for consumers. The patient assistance programs consume a great deal of staff time to coordinate. Each agency spends approximately 30 hours a week processing paperwork to access medications through LB95 and various patient assistance programs.</p> <p>Through expanded BH reform funding, MLH served 39 additional service participants in July, a challenge has been proof eligibility but this continues to improve.</p>
Psych Residential Rehab	South Central Behavioral Services, Able House is providing this service for Region 3 consumers.	OPERATIONAL DATE: 1/01/05	One (1) participant was served at Able House in July for the expanded capacity. Region 3 has a capacity of 9, with the service being at 100% capacity; therefore, there continues to be a waiting list for this much needed service.
Short-Term Residential	Region 3 has expanded the contract with Behavioral Health Specialists/Seekers of Serenity for the provision of additional STR services.	OPERATIONAL DATE: 1/01/05	One (1) additional participant was served from the Region 3 area in July by Seekers of Serenity. Funding for medications continues to be an issue. Region 3 has assisted with medications if LB95 or other assistance programs do not cover the non-psychiatric related medications.

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
Psych Respite (23/59)/ Crisis Stabilization (Voluntary)	Service will be provided by RYH of Kearney and will serve the western portion of Region 3.	TARGET DATE: 9/01/05	We have not finalized the FY06 contract with RYH, but anticipate this occurring in August. With new RYH leadership, it was determined that Crisis Stabilization for voluntary admissions would fit better into RYH's service delivery and will also meet a service gap in the western portion of the Region 3 area.
Telemedicine	Region 3 purchases time on existing hospital network and has purchased mobile telemedicine equipment for Com. Support, Emergency Com Support, and Crisis Response Team providers.	OPERATIONAL DATE: 6/15/05	Mobile equipment has been purchased for Goodwill Industries (ERCS and Com. Support), South Central Behavioral Services (Com. Support and Crisis Response Team participation), Mid-Plains Center (Crisis Response Team), Mary Lanning Memorial Hospital (ERCS), and Region 3 Behavioral Health Services (ERCS).
Day Rehabilitation	Region 3 is contracting with South Central Behavioral Services (SCBS) to develop Day Rehab services in Kearney. SCBS has formed a Participant Council to provide recommendations and input for the development and operation of the program.	OPERATIONAL DATE: 7/05/05	Nine (9) participants were served at the Unity House in Kearney as part of South Central Behavioral Health Services' Day Rehab services.

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
Halfway House	Region 3 is contracting with South Central Behavioral Services to expand their half way house services through the Freedom House in Kearney.	OPERATIONAL DATE: 5/01/05	South Central's Behavioral Services Liberty House served 11 participants in July. No major barriers have been identified at this point.

Region 4 Behavioral Health Services

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
Acute/Subacute	Region 4 has contracted with Faith Regional for acute/subacute services.	TARGET DATE: 9/1/05	No further development. Faith Regional is interviewing for behavioral health director; anticipated hire date: October 1, 2005.
Crisis Response Team	Region 4 has contracted with Behavioral Health Specialists (BHS) in Norfolk area/Madison County.	OPERATIONAL DATE: 8/1/05	Norfolk Crisis Response Team (BHS) began operations August 1, 2005.
Emergency Community Support	Region 4 has contracted with Heartland Counseling for this service in northeastern Nebraska.	OPERATIONAL DATE: 3/1/05	Heartland Emergency Community Support served ten individuals in June; Sixteen YTD.
Emergency Stabilization	Region 4 has contracted with Catholic Charities for this service.	TARGET DATE: 12/1/05	<p>Renovations are in process. The architect and contractor have a two phase process:</p> <p>Phase One: Remodel and existing area, move the reception/business functions and then remodel the PRR space.</p> <p>Phase Two: Renovate the area which is currently outpatient service offices for Dual Disorders and then renovate the old pharmacy space for Emergency Stabilization.</p>

Psych Res Rehab	Region 4 has contracted with Catholic Charities for this service	TARGET DATE: 9/01/05	<p>Renovations are in process. The architect and contractor have a two phase process:</p> <p>Phase One: Remodel and existing area, move the reception/business functions and then remodel the PRR space.</p> <p>Phase Two: Renovate the area which is currently outpatient service offices for Dual Disorders and then renovate the old pharmacy space for Emergency Stabilization.</p>
Community Support	Region 4 has contracted with Catholic Charities/Heartland Counseling for this service in the Columbus area and Northeastern counties.	OPERATIONAL DATE: 3/1/05	Catholic Charities: June - 3; 6 - YTD
Crisis Respite	Region 4 has contracted with R Way, Rainbow Center, & Liberty Centre for this service.	OPERATIONAL DATE: 3/15/05	<p>Liberty Centre - June: 3 individuals/19 days YTD: 13 individuals/113 days</p> <p>Rainbow Center - June: 0 2 individuals/18 days</p>
Dual Disorder Residential	Region 4 has contracted with Catholic Charities for this service.	TARGET DATE: 10/01/05	<p>Renovations are in process. The architect and contractor have a two phase process:</p> <p>Phase One: Remodel and existing area, move the reception/business functions and then remodel the PRR space.</p> <p>Phase Two: Renovate the area which is currently outpatient service offices for Dual Disorders and then renovate the old pharmacy space for Emergency Stabilization.</p>

Day Rehab	R Way, Rainbow Center, & Liberty Center received funds from Region 4 to expand capacity.	OPERATIONAL DATE: 3/15/05	June: Individuals served = 23; YTD = 30
Med Management	Faith Regional Health Services is the contracted provider for this service in Region 4.	OPERATIONAL DATE: 3/15/05	Faith Regional: June: 8 individuals, 10 units YTD: 176 units Barriers/Challenges: More psychiatric coverage needed.
Transition Contract	Assessment Team includes Region 4 staff, local provider, and a social worker from the Regional Center. Review team includes the above individuals and Division staff and Regional consumer.	OPERATIONAL DATE: 4/1/05	We will continue to work with NRC staff to transition consumers out of the regional center. As of 8/1/05, 36 Region 4 consumers resided at NRC. We will be working with the State and NRC to bring this number down over the next few months. Specific steps/plans are being developed.
Phase IIa Community Support	Additional Community Support in 5 locations in the Region.	OPERATIONAL DATE: 3/15/05	Mental Health: June - 80 served; 92 served YTD Substance Abuse: June 60; 79 served YTD Barriers/Challenges: Needs of consumers for expensive medication and physical health care are increasing. Transportation costs in frontier areas are high also. We anticipate that flex funds will be exhausted in March.

Region 5 Behavioral Health Services

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
Assertive Community Treatment Team	Providers: The Community Mental Health Center (CMHC) of Lancaster County, Lutheran Family Services, and CenterPointe	OPERATIONAL DATE: 7/1/05	<p>ACT has enrolled three individuals. Eleven consumers have been screened and nine have been approved.</p> <p>One barrier is getting people discharged from the Regional Center once they are found to be good candidates due to limited low income housing opportunities.</p>
Emergency Community Support/Crisis Response Teams	Providers: Blue Valley Mental Health Center, Lutheran Family Services, and Houses of Hope	OPERATIONAL DATE: 5/1/05	<p>The Emergency Community Support component of the Region 5 Emergency Case Management Program served 21 consumers during the month of July.</p> <p>The Crisis Response Teams are not yet operational but interviews are in process for the on-call therapists and contacts have been made with sheriffs departments and police in the four pilot counties of Seward, York, Saline and Otoe.</p> <p>Barriers include getting referrals for persons with repeat EPC's from the crisis center, clarifying roles of ERCS/ICM and securing office space for the program.</p>
Transition Contract	Completed strengths-based assessments and transition planning with Regional Center consumers.	Completed: 6/30/05	No assessments were completed during the month of July.

<p>Phase IIa Community Support MH, Halfway House, Short Term Residential, Community Support SA, Therapeutic Community, Dual Residential</p>		<p>OPERATIONAL DATE: 5/1/05</p>	<p>Short Term Residential at Cornhusker Place did not have any clients referred from LRC during the month of July. One client was served for 22 days in May.</p> <p>Barriers include limited referrals from LRC; Cornhusker Place, however, has had some referrals from LRC for the Intermediate Residential S/A Treatment Program. Touchstone's expanded STR capacity and served two consumers from LRC during the month of July. Overall three have been served by the increased capacity; however, they received two referrals from LRC the first week in August. Touchstone has identified elopement from treatment as a barrier.</p> <p>CenterPointe's Community Support-SA position served four clients in July.</p> <p>St. Monica's Therapeutic Community expanded capacity has not been utilized to date. Barriers identified include referrals that have not completed primary treatment (i.e. STR) and lack of transportation.</p> <p>CenterPointe's Dual Residential program served two consumers in July. No barriers have been identified to date.</p>
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Region 6 Behavioral Health Services

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
Community Support	Service providers: Catholic Charities, Friendship Program and Lutheran Family Services	OPERATIONAL DATE: 12/04	Nineteen (19) people have been served, and two (2) additional intakes will be completed next week.
Day Rehab	Service provider: Community Alliance	OPERATIONAL DATE: 12/04	<p>Fifty (50) people have been served.</p> <p>As previously reported, a property located at 72nd and Jones, formerly known as the “DC Centre” has been purchased. This facility will require extensive renovation and will replace the Pacific Center location. The new location offers additional space for the program, excellent MAT bus access from 72nd Street, pedestrian crosswalks and adequate parking.</p>
Psych Res Rehab	Service provider: Community Alliance	OPERATIONAL DATE: 12/04	<p>Twenty-nine (29) people have been served.</p> <p>New capacity is 100 percent full and Regional Center consumers are being served in regularly funded services. We are attempting to move individuals out of regular Res Rehabilitation beds in an effort to help with reform individuals.</p> <p>It is difficult to complete diversion to Res Rehabilitation since a bed must be available when the local hospital feels they are less than acute.</p> <p>We are looking forward to the start-up of the rental subsidy program: feel this will make a difference in addressing one of the barriers.</p>

ACT	Service provider: Community Alliance	OPERATIONAL DATE: 12/04	<p>Fourteen (14) people have been served.</p> <p>Similar barriers with a limited number of admissions each month to ACT services. Have experienced recent turnover of staff and have been active in recruitment. Several staff members scheduled to start this upcoming month.</p> <p>Anticipate and are anxious for the start-up of the rental subsidy program; feel this will make a difference in addressing one of the barriers.</p>
Emergency Community Support	Service Provider: Salvation Army	OPERATIONAL DATE: 1/24/05	<p>Twenty-eight (28) people have been served.</p> <p>The diversion portion of CRT continues to have difficulties diverting some individuals from a Regional Center admission due to capacity within residential services within the community.</p> <p>The Program Assessment Coordinator has established hours of service at Alegent Center for Mental Health and Douglas County Hospital to assist in this process.</p>
Dual Disorder Residential	Service Provider: Catholic Charities	OPERATIONAL DATE: 1/24/05	Dual Disorder Residential has served fifteen individuals YTD.
Crisis Response Team	Community Input Obtained from Dodge and Washington Counties	TARGET DATE: TBD	There has been no movement on implementing this service.
Sub Acute Inpatient	Telecare	TARGET DATE: 8/29/05	The contract was approved by the State and Telecare has begun the process of training and hiring staff. The expected date of August 29 th with five individuals admitted each week until the sixteen beds are full.
Community Resource Center	Discussion Among Key Stakeholders	TARGET DATE: TBD	Continued discussions regarding CRC design.

Medication Management	Service Providers: Catholic Charities and Lutheran Family Services	OPERATIONAL DATE: 2/05	<p>Thirteen (13) people have been served. One of the thirteen individuals went back into the hospital. Two (2) additional appointments scheduled in the next two weeks.</p> <p>Issues with regards to the LB95 meds have decreased and this process seems to be flowing better. There have been times when the discharge planning for medical medications is lacking, as the psychiatrists do not follow medications for physical problems and individuals have been under the impression that the doctors will follow all of their medications. There seems to be higher success rate of individuals keeping appointments when community support is also involved in their follow-up care because of transportation can be a problem and community support can assist with this</p>
Transition Contract	Steering Committee consists of upper level administrators from Community Alliance, Region 6, Catholic Charities, Lutheran Family Services, Salvation Army and the Friendship Program. The Clinical Reform Team (CRT) consists of two individuals from each agency and the field rep from the Division.	OPERATIONAL DATE: 11/24/04	<p>Two Hundred Twenty-seven (227) people have been served.</p> <p>There is a need for additional services/resources, especially appropriate housing.</p>
Phase IIa Crisis Response Teams	Additional funds are available for Crisis Response Teams in Douglas and Sarpy County.	TARGET DATE: TBD	There has been no movement on implementing this service.

